

Abode All Gods Cow, the abode of all the Gods

Every atom in cow's body is abode of the 33 crore Gods. All the 14 mythical worlds exist in the limbs of cow.



Cow, the abode of all the Gods

- **Brahma and Vishnu on the root of two horns**
- **All the sacred reservoirs and Vedavyasa on the tips of the horns**
- **Lord Shankara on the centre head**
- **Parvathi on the edge of head**
- **Kartikeya on the nose, Kambala and Ashwatara Devas on the nostrils**
- **Ashwini Kumaras on the ears**
- **Sun and Moon in the eyes**
- **Vayu in dental range and Varuna on the tongue**
- **Saraswathi in the sound of cow**
- **Sandhya goddesses on the lips and Indra on the neck**
- **Raksha Ganas on the hanging under the neck**
- **Sadhya Devas in the heart**

- **Dharma on the thigh**
- **Gandharvas in the gap of hoofs, Pannaga at the tips, Apsaras on the sides**
- **Eleven Rudras and Yama on the back, Ashtavasus in the crevices**
- **Pitru Devas on the sides of umbilical joint, 12 Adityas on the stomach area**
- **Soma on the tail, Sun rays on the hair, Ganga in its urine, Lakshmi and Yamuna in the dung, Saraswathi in milk, Narmada in curd, and Agni in ghee**
- **33 crore Gods in the hair**
- **Prithwi in stomach, oceans in the udder, Kamadhenu in the whole body**
- **Three Gunas in the root of the brows, Rishis in the pores of hair, and all the sacred lakes in the breathe.**
- **Chandika on the lips and Prajapathi Brahma on the skin**
- **Fragrant flowers on nostrils**
- **Sadhya Devas on the arm-pit**
- **Six parts of Vedas on the face, four Vedas on the feet, Yama on the top of the hoofs, Kubera and Garuda on the right, Yakshas on the left and Gandharvas inside**
- **Khecharas in the fore of the foot, Narayana in intestine, mountains in the bones, Artha, Dharma, Kama and Moksha in the feet.**
- **Four Vedas in the Hoom... sound**

Religious Beliefs and their Scientific Reasons:



We have buttermilk after our lunch

Cow Curd and buttermilk are good appetizers and keep the digestive system normal through sustainable maintenance of pro-biotic bacteria.



Agnihotra fire uses Cow dung and Cow's Ghee (clarified butter)

Modern scientists say that fumes emanating on burning of the cow dung is a powerful disinfectant and anti-pollutant. By doing sacrificial rite with cow's ghee, it has great power to remove pollution from atmosphere.



Floor coating was prepared with cow dung and cow urine in villages.

By coating Cow dung on the floor, protects from bacteria, while coating the top floor, protects from atomic emissions.



Hindus lighten lamp with cow's ghee .

It purifies the atmosphere. It has great power to remove Atomic Radiation from atmosphere. Cow's Ghee increases *Dhi* (intelligence), refines the *Buddhi* (intellect), and improves the *Smruti* (memory).

HOMA

- By Dr. T.R. Shantala Priyadarshini

The terms HOMA -MANI-MANTRA etc have been described as different types of treatment, referred to as "DIVAVYAPASHRAYA" (treatment not by medicines but by invoking blessings from

supernatural powers) by our acharyas(teachers) in many contexts, now do we need to know something more about them? Are they really scientific? Practice of this -do they help only in treating psychological disorders or do they mean much more? Why did our seers give these rituals so much of importance? What could these Vedic rituals mean today -in this scientific era of CT scan, atomic energy, exploration & expedition to Mars?

From ancient times, Ayurveda & Vedic sciences have made significant contributions to the world civilization, culture and knowledge in all areas of human pursuits. These contributions, mostly unknown to the wider world, in many situations unacknowledged and often distorted, need attention for good understanding and appreciation of the human past.

" Homa is a collective term for the various Vedic techniques used in the purification of the atmosphere: (yainas, yvharutis and agnihotra.)

The healing and purifying effect of Homa was used in the ancient Vedic system of knowledge, in spheres such as bioenergetics, psychotherapy, medicine, agriculture, including biogenetics, climate technology and interplanetary communication.

Today it is obvious that we live in an age of massive ecological and psycho-spiritual pollution. The ancients called this Kalki (KALKI) age. (Kalki is Sanskrit for pollution). Without human intervention, the Earth is no longer able to recover from the disturbance of the ecosystem.

In 'AGNIHOTRA' -(also a type of Homa)' AGNI' is for "fire" and 'HOTRA' for "healing"

- all factors in the ritual play an important role. At both sunrise and sunset dried cow dung, ghee, and rice are burnt in a pyramid-shaped copper receptacle of a prescribed size, along with the chanting of a mantra. During the burning the pyramid shape and the copper act like a generator to produce negative ions which have a harmonizing effect on both the environment and human well being. The healing energies and substances which come into being during the combustion of the initial organic material are released into the atmosphere though some also remain in the ash.

a) Cow dung contains a substance similar to penicillin, which has a disinfecting effect and reduces bacteria that cause disease. In all

ancient cultures cow dung was used to combat a whole series of illnesses its property of reducing radioactive radiation is described in Vedic writings. After the Chernobyl catastrophe (refer to author's article-"Answers from Ayurveda to the problems of Chernobyl-published) a group of scientists experimented in Yugoslavia with *Agnihotra* and after discovering that there was no longer any sign of radioactivity in the immediate vicinity, following the combustion of the required ingredients in the copper pyramid. In the area bordering the Soviet Union people threatened by radioactive fallout sealed their huts with cow dung and was thus able to protect them from radiation. It is also known that NASA's manned space capsules are coated with a thin layer of cow dung to protect them against radiation.

b) Ghee also has properties of detoxification. During combustion, nutrients for plants are released in both fine and coarse forms Ghee undergoes many chemical combinations and dissolves toxic compounds. & Is the only substance known to modern science, which defies certain laws of chemistry: when ghee is burned under ideal conditions its weight does not alter.

c) Rice has a balancing yin and yang effect. Many ethereal oils are released during the process of combustion and chemical reactions are set off.

d) The mantra sung at sunrise and sunset stands, as mentioned, in resonance with the biorhythm. The notes, which are chanted, activate special vibrations, which create a specific atmosphere aimed at achieving the desired results. Such vibrations exist for everything, and everything can be activated, controlled and transformed by mantras. The atoms structure themselves anew.

When mantras are chanted during homa, the vibrations of the mantras are enclosed in the ash, and the ash as the medium for these vibrations is even more effective in achieving the aspired goal. The purification of the atmosphere through homa leads to an intensification of the life energy (prana); not only does it influence the physical health of all living things, but also the human psychic constitution. The state of the psyche is directly dependent on the quantity and quality of the prana available; thus the intensified absorption of prana has a positive effect on the psyche. In the homa atmosphere psychic tensions are set aside. Those who regularly practice *Agnihotra* soon experience a decrease in anger and greed;

mood changes are less vehement and one feels calmer altogether.

Why does *Agnihotra* have a positive effect on the deplorable ecological situation? As well as enriching the surroundings of the *Agnihotra* pyramid with nutrients, the fire technique induces a powerful energy field, which neutralizes negative energy types and strengthens positive ones. The *Agnihotra* smoke binds detrimental bits of radiation in the atmosphere and neutralizes their radioactive effect. In *Agnihotra* nothing is destroyed, only transformed. In a polluted environment the elements of the earth begin to change: the structure of the chemical elements and their connection to molecules are restructured. These fine material changes during *Agnihotra* can be seen with the help of Kirlian photography.

The entire ecosystem benefits from the use of homa. Plants in the homa atmosphere develop cylindrical veins (vascular tissue or bundles) with an above average diameter. Through these optimized "pipes" water and nutrients can reach all parts of the plant more easily, which supports their growth and reproduction. The homa atmosphere also fosters both the photosynthesis in the leaves and the respiration of the plant, thereby fostering the entire oxygen cycle. The *Agnihotra* smoke works as a catalyst for the production of chlorophyll. The roots of the plants remain small due to their optimal absorbency and the excellent nutrients in the ground.

As a result the vegetables and fruits grown in a homa atmosphere are of an outstanding quality with respect to texture, taste, colour and size of kernel or seed. The energy field produced in the process of *Agnihotra*, which can be proved with Kirlian photography, stimulates the plants to maximum growth and maximum yield. Fruit trees bear fruit, which is twice as big, with twice as much fruit; the fruit of pear trees is sweeter. When *Agnihotra* is carried out nearby, some fruits begin to accelerate their cycle of reproduction and yield more seeds, which also germinate more easily. Oranges are ideal for experimentation with *Agnihotra* as, like mandarins, they show rapid and good results. It is clear that pests don't have much of a chance with such healthy plants, which are able to protect themselves in natural ways. If harmful insects do persist in the garden or the fields, a mixture of *Agnihotra* ash, dry cow dung and water sprayed on both the ground and the plants helps.

An important part of the work in the garden or on the field is the introduction of air and homa ash into the ground. Not only does this enrich the ground with life-fostering vibrations, it also helps to stabilize the amount of potassium, nitrogen and trace elements in the ground. Earthworms also multiply faster due to a rise in the hormone production, guaranteeing more humidity and humus. Bees too are attracted by homa energies, and with their help achieve their pollination even more efficiently. Bees produce a particular hormone in the homa atmosphere, which, if consumed in honey, strengthens the human immune system. :

In the area of Alto Huallaga, an organic and ecological technique called HOMA THERAPY is being applied in the rejuvenation of the crops of the region, substantially reducing the existence of different pathogenic agents. As a consequence, plagues and sicknesses were eradicated, the yield of the harvest was increased, the fruit grew healthy with better color, taste, weight, texture, etc. Since many years ago efforts have been made to try to get out of the situation of emergency concerning the health of plants with methods such as: cultural control, chemical control, biological control, legal control, etc., without having achieved any success.

The main idea is: "Heal the atmosphere and it will heal you".

***Agnihotrais* a scientific process of purification of the atmosphere with the agency of cosmic element -fire, it creates pure nutritional and medicinal atmosphere and prevents growth of pathogenic bacteria.the subtle vibrations emanating from it creates & fills the surroundings with love, peace and purity. The atmosphere improves family relationship, health of children by causing a soothing calming effect on them.**

***Agnihotra* can be performed daily by anyone who wishes to be happy and prosperous irrespective of religion, caste, creed, class, color, nationality, age, sex etc. as it's a savior for it's a answer all problems posed universally by present day stress & strain.**

So *Agnihotra* could be utilized with much more benefits in following conditions -1)Labor rooms before and after conducting deliveries 2) Operation theatres -before & after surgeries 3) in intensive care units before admission and after discharge of a patient 4) in wards where

patients are treated with compromised states of immunity.5) in-patient wards where chronic respiratory conditions ,terminal stages of cancer, all stages of AIDS, are being treated.

As this has been proved to create sterile -hygienic atmosphere, conducive to faster recovery of all sorts of ailments at a very cheap rate. In epidemics, poor hygienic conditions polluted environment etc, by suitably adopting *Agnihotra* homa. One could prevent many ills as this is very cost effective, natural and is a locally available alternative. Regularly practice or being present in the atmosphere of *Agnihotra* has been found to have very soothing and therapeutic effect on alcoholic and drug addicts. The practice of *Agnihotra* gives a strong push to the mind in the positive direction, promotes pure thoughts, bestows mental peace, stability, tranquility prevails in the atmosphere, imparts power of wisdom, increases intelligence, devotion to attain higher goals and also physical strength.

Should we not readopt the last principles into Ayurveda to make it as meaningful as in the original ?

Science, medicine and technology in cow protection

By Dr Hitesh Jani

The ancient science has accepted existence of different Gods for different kind of energy; same classics tell that all 33 crore Devatas reside in cow!!! and so Gaumata has been told as Kandhenu which fulfills all our desires! Here, acceptance of existence of 33 crore Devatas in the cow, it is symbolic, and if we try to evaluate to find out the reason for it can be understood very well that the word Kamadhenu used for cow is not a myth but cow is the only existing creature of almighty God which is having broad umbrella of blessing, under which the whole universe can not only survive but can grow and develop very well.

Just to emphasize the importance of Panchagavya are mentioned here:

1. Godugdha (Cow Milk):

- **Cow milk mentioned as best milk among all**
- **As per Ayurvedic classics cow milk is useful in various disease as well as it increases Vital energy and immune power of the person.**
- **Chemical composition wise it is having fat, carbohydrate, minerals, calcium, Iron and Vitamin B.**
- **Stroncin : a contain from cow milk provides capacity for resist body again atomic radiation.**
- **Another contain Cerebrosides having good ability to improve and regenerate brain cell.**

2. Goghruta (Cow Ghee) :

- **Best among all kind of ghee**
- **As per Ayurvedic classics it is useful in various kind of systemic, physical and mental disorders as well as it sustain the age for long time and delayed genetic condition and maintain body biochemistry in it's optimum level (means increases Ojas)**
- **Gau ghruta also improves environment. When it is used in Yajna. It improves the level of oxygen and Ozon gases in surround aeas.**

3. Gomutra (Cow Urine) :

- **Total 8 type of urine are explained for medicinal purpose, among those Cow urine is best.**
- **Anti-cancer, anti-bacterial, anti-fungal property is found in it.**
- **It is also having anti-oxidant and immuno modulator property, which is very much useful for auto immune disease which are increasing now a day.**
- **In classics there are so many references available where cow urine is mentioned as a drug of choice. Internally as well as externally too.**
- **In it also having germicidal property and it might be the chief reason why Gau mutra were used as a holi content on each and every occasion.**

4. Gomaya (Cow Dung) :

- **Gomaya is considered equally holi content as Gau mutra and it is used to purify the environment.**
- **Cow dung has radium and it checks the radiation effects.**
- **Various internal and external meditional use of cow dung are seen in classic.**

More over Panchagavya Gopitta, Go shrunga are also being used these might be the reason why in classics it is told

On the other hand let me tell you, cow meat is very heavy to digest and it harms our body physiology and biochemistry as well. Still now a day unfortunately in the race of modernisation and urbanisation, the eternal path of progress have been forgotten; we are running hephezardously and it is a tragic condition that inspite of having excellent quality of live cow. at the interval of every 8 minutes one cow is being sacrificed in slaughter houses.

Away from Natures' law means towards destruction

So, it is the urgent need of the Present era, that we people who feels and worships cow as mother, they come forward, plan out some constructive projects and run it successfully to draw attention of whole universe towards. It would be the real worship of Gaumata. "When you find a dream inside your heart, don't ever let it go, because dreams are the tiny seeds from where a beautiful tomorrow grows....." Yes,we have seen a dream to establish Cow as Gau mata again and for that we have planed and implemented some steps which may be the universally acknowledged ultimate path to servive, protect and improve the quality of Gau mata.

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